

## COASTAL RACE SANREMO > MONACO 25 OCTOBER 2015

### Recommendations for participants

#### **1-All information is stated in the documentation given**

2- The brief will be short and will only deal with last minute issues

3- *Presentation of the jury – check-in call – weather forecast*

4- *Sailing regatta*

5- *For your safety and comfort*

#### **6- Saturday :**

7- *Read the program carefully, check the route, study the regulations*

8- *Check your safety equipment (jackets, rope, flare)*

9- *Check the coxswain's phone: working condition, security numbers*

10- *Assure your personal comfort (drink, windbreaker, coxswain's outfit)*

11- *Prepare your return to San Remo: Transfer back to Monaco and empty trailer*

#### **12- Sunday :**

13- *Leave your personal belongings for your transfer back to Monaco*

14- *Be ready for the departure time – Warm-up ahead of time*

15- Route and safety at sea:

15- *Departure line: between the red and the yellow buoy on San Remo's Old Harbour*

16- *Ventimiglia: Risk of icy winds coming from the land and pushing towards the sea*

17- *Capo Mortola : proximity of rocks*

18- *Yellow Buoy at Menton: in the axis of Menton church, and the lighthouse*

19- *Cap Martin: Beware of the waves in case of wind*

20: *Entry into Monaco: 5 kms in a straight line from Cap Martin to Monaco Harbour*

21- *Finishing line: entry into Hercules Harbour, after the blowing of the horn, follow the zodiac*