

**FEDERAZIONE ITALIANA CANOTTAGGIO
FEDERATION MONEGASQUE DU SPORT AVIRON
SOCIETE NAUTIQUE DE MONACO
CANOTTIERI SANREMO a.s.d.**

The Federazione Italiana di Canottaggio and the Fédération Monégasque du Sport Aviron, the Canottieri Sanremo a.s.d. and the Société Nautique de Monaco, are organising as part of the

XXXIVth Aristide Vacchino Trophy

Sunday 25th October 2015

« COASTAL RACE » SAN REMO MONACO 12th edition

**Reserved for 4X+ crafts, FISA norms
FFSA label “long distance event”**

32 km long coastal route, departure from Morgana beach, next to Canottieri San Remo, buoy at MENTON, finishing line at the entry of MONACO Harbour. The dotted route is attached in the appendix.

PROGRAM

Sunday 25th October 2015:

- 7:15am: meeting point at the Canottieri Sanremo, Corso Nazario Sauro,
- 8:00am: organisation brief, commitment form, signing of the boarding register.
Brief with the referee judges (route, commitment, safety)
- 8:45am: 1st departure
- 9 :00am: race departure
- 11:00am: Estimated arrival time in Monaco,
- 12:30pm: Prizes & toast
- 1:00pm: Lunch Société Nautique (€15 - booking recommended)
- 3:00pm: Return towards San Remo

PARTICIPANTS

**Men : Seniors, Masters 43+, Masters 60+
Women Seniors
Mixed (2M&2W),
European Universities Championship**

Masters : category FISA ABC (+27) average crew 43

In good standing for the current year with their respective rowing federation, FIC, FFSA or another federation affiliated with the FISA.

Rowers and coxswain of 18 years of age or more and born at the latest 24/10/1997.

Rowers signed up without a crew will be appointed according to the needs of the organisation. The coxswain can be of a different gender from his/her crew. If the coxswain belongs to the same category as his/her crew, he/she will be able to replace one of the rowers.

TRANSPORT - PARKING - ACCOMODATION

Participants can be lodged in either San Remo or Monaco.

There will be parking spaces for cars and trailers in front of the associations.

Transfer for rowers and equipment will be organized according to specified requests.

IDENTIFICATION AND MEDICAL CERTIFICATES

All participants must present identification and medical aptitude certificates. The presidents of the associations will have to guarantee the Organisation Committee that they are in possession of all their athletes' medical certificates.

CRAFTS: Yole 4X+

Possible loan of boat according to availability.

Rent with oars and safety equipment: €150

SIGN UP - FEES

Modalities

All sign-ups with the form in Appendix B, sent by email, will have to be confirmed on arrival; by handing in the original form, with the association's stamp and the president's signature. Please send emails to either the Italian offices info@canottierisanremo.com and CC avvrenatoalberti@libero.it or to the offices in Monaco societenautique@monaco.mc before October 20th midnight.

Sign-up fees: €10

Dinner Buffet Saturday in Sanremo: €25

Sunday Lunch in Monaco: €15

French Clubs: sign-ups will have to be done on the FFA site from 14/09 to 18/10/15, long distance label.

ACCREDITATION & SAFETY MEETING

Sunday 25th October at 6am at the S.N. Monaco offices or at 7:15am in San Remo:

The sign-up forms – filled in and signed – will have to be handed in at this point by the crew leader, who will have to hold a valid mobile phone and number for France and Italy and who will have to communicate the phone number to the jury.

The crew leaders will have to be present to the 8am brief in San Remo.

REFEREEING AND SAFETY

A director of the race and a president of the jury will be appointed and ensure rules and regulations of the FFSA are met.

2 referee judges will follow the regatta: an Italian one and a French or Monegasque one, on board both following boats (one of the Société Nautique de Monaco and one of the Canottieri Sanremo a.s.d.) and they will be in charge of the departure and finish of the race.

2 judges on land from the S.N. Monaco and the Canottieri Sanremo a.s.d.

The medical service will be taken care of by the Canottieri Sanremo a.s.d. The regatta may be interrupted for weather conditions. Crews will have to obey referee judge's decision to abandon regatta and get back to land because of the difficult conditions for rowing or the lack of possibility to follow safety regulations.

The coxswain will have to wear a safety jacket, mobile phone or VHF receiver and whistle at all times.

SAFETY BOATS – INTERRUPTION OF THE RACE

The referee judge will be able to stop the race for any safety reasons or any other reason he/she estimates valid and restart the race once grouping has been done. The new departure will be done in line according to the ranking of the crafts at the time of interruption or in a row for engaged crafts – with no visible space between the stern of one boat and the prow of the other.

The judge has full authority to divert a craft, which seems in difficulty toward the nearest safety spot.

PRIZE

Cup and medals for the first crew of each category.

MISCELLANEOUS

Accommodation in San Remo www.hotelletto.it, www.villaggiodeifiori.it, www.nyalahotel.com, www.miramaresanremo.it, Saturday evening in San Remo (€25).

SPONSORING

The regatta is part of the XXXIVth Aristide Vacchino Trophy, sponsored by : Regione Liguria-Assessorato allo Sport, Provincia di Imperia, Comune di Sanremo, Fondazione Cassa di Risparmio di Genova e Imperia

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Fédération Monégasque du Sport Aviron

General Secretary
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Canottieri Sanremo ASD

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President
Walter Vacchino

Société Nautique de Monaco

General Secretary
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Gilbert Vivaldi

APPENDIX A

PROGRAM

SATURDAY 24th October 2015

- 2pm – 6pm: crafts try-outs at the Canottieri Sanremo
- 7pm: cocktail Buffet in San Remo €25

SUNDAY 25th October 2015

- 6.00am: Meeting point in Monaco, bus departure towards San Remo
- 7.30am: Meeting point at the Canottieri Sanremo, Corso Nazario Sauro: general information on the route, commitment, signing-up of the crew leader
- 8.00am: Brief. The crew leaders will have to have a mobile phone valid for France and Italy, make sure that the battery is full and give their phone number to the jury
- 8.45am - 9.00am: departure from Morgana beach, next to the Canottieri Sanremo
- 11am: Estimated arrival time in Monaco
- 12:30pm: Prizes and toasts at the Société Nautique Monaco
- 1.00pm: Lunch at the Société Nautique €15 (prebookings only)
- 3 :00pm: Return towards San Remo

At the request of the participants, the organisation can arrange for the transfer of the personal belongings in a closed bag.

Note: Crew leaders – or in case of non-indication of the sign-up form, the person registered on the first line - will have to sign the commitment register following the FISA regulations at the race's offices, at the time of collecting the bibs, before the departure time and at return, otherwise risking exclusion.

In case of the cancellation of the regatta for bad weather conditions: « Giro » of the gulf of San Remo with available crafts (8.00am to 12:30pm) 16 kms.

INFORMATION

www.canottierisanremo.com	www.avironmonaco.com
info@canottierisanremo.com	societenautique@monaco.mc
Renato Alberti +39 333 727 8516	Gilbert Vivaldi +33 6 80 86 80 65

APPENDIX B
(2 pages)

SIGN-UP FORM
Coastal Race San Remo → Monaco
12th edition – Sunday 25th October 2015

Association:

Person in charge:

Telephone/ mobile:

CREW (one form per crew)

Category		Full name / year of birth	Licence number
MEN - Seniors - Masters 43 - Masters 60	Team leader / rower		
	rower		
WOMEN - Seniors	rower		
	rower		
MIXED - 2 M 2W	rower		
	rower		
UNIVERSITY	rower		
	coxswain		

Do you have a boat YES NO

If the answer is YES, what is the registration number?

If NO you are asking for the availability of a boat

Dinner in San Remo Saturday €25people

Lunch in Monaco Sunday €15people

The undersigned, President of the association declares that the athletes under his/her responsibility, signed up above for the Coastal Race San Remo Monaco on the 25th October 2015:

- Know the safety regulations in sea rowing or open body of water rowing.
- Are in good standing with their respective national federation, possess a medical aptitude certificate for racing, are duly covered.
- Have read and understood the document "Recommendations" in the appendix.

Date and place Signature

DECLARATION OF THE CREW LEADER

The undersignedin quality of crew leader DECLARE in my name and that of my crew that we:

- will respect the regulations of maritime navigation and the observations and instructions given to us during the information brief before the race
- are responsible for the safety equipment on the craft

Date and place Signature

